



CHAPS

THE MEN'S HEALTH CHARITY

Registered Charity No.1045849



THE MEN'S HEALTH DAY

Sponsored by Harwich & District Fellowship For The Sick

Harwich & Dovercourt Rugby Club

Swimming Pool Road, Wick Lane, Harwich CO12 3TA

2-6pm, Thursday 20th April 2023

FREE PROSTATE CANCER & NHS HEALTH CHECKS

**DON'T GET CAUGHT BY THE NO. 1 MEN'S CANCER –
BOOK A SIMPLE PSA BLOOD TEST NOW**

**Prostate
Cancer
Screening**

Prostate Cancer Screening is suitable for all men aged 40-80, especially men of black African and Caribbean heritage and men with a family history of prostate cancer or breast and ovarian cancer who are at considerably higher risk from prostate cancer.

1: NB. All appointments must be booked online at:
www.chaps.uk.com/events

**NHS
Health
Checks**

NB. NHS Health Checks are for men ages 40-74 who are Essex residents and not already on treatment for a heart condition, blood pressure or high cholesterol, kidney disease or diabetes. You are also not eligible if you have had an NHS Health Check within the last 5 years.

2: **FREE NHS Health Checks**
No appointment needed

IT COULD SAVE YOUR LIFE!