



Manage
your money.
Stick to your
budget.

Multiply

FREE MONEY-MANAGEMENT WORKSHOPS DURING FEB/MARCH

Friendly, informal sessions open to everyone. Helping you feel more in control of different aspects of money management such as household budgets, managing loans and debt, knowing when to ask for help, and learning tools to ensure that financial issues don't grind you down. You are not alone!

Harwich Library

Thurs 9th Mar - Thurs 16th Mar - Thurs 23rd Mar - Thurs 30th Mar

(All morning sessions 9.30-11.30am)

If you'd like to come, please feel free to turn up on the day and someone will show you where to go

For more information, please contact: John.holmes4@nhs.net 07585 886176